



Paramedic First Aid Services

Courses and Consultancy Services

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Paramedic First Aid Services Courses and Consultancy Services

C.P.R. First Aid

Course Outcome

To provide participants with the skills and knowledge required to perform cardiopulmonary resuscitation (CPR).

Recommended Renewal Date

We recommend you update your knowledge in cardio pulmonary resuscitation annually.

Duration

3 Hours

Pre-requisite

Participant must be over 18 years of age or have written parental/guardian consent to attend.
Minimum 10 participants

C.P.R. Refresher Course

Course Outcome

To provide participants with the skills and knowledge required to perform cardiopulmonary resuscitation (CPR).

Recommended Renewal Date

We recommend you update your knowledge in cardio pulmonary resuscitation annually.

Duration

3 Hours

Pre-requisite

Current First Aid or CPR Statement of Attainment. Participant must be over 18 years of age or have written parental/guardian consent to attend.

Minimum 10 participants

Course in Automatic External Defibrillation

Course Outcome

To provide participants with the skills and knowledge required to perform automatic external defibrillation.

Recommended Renewal Date

We recommend you update your knowledge in automatic external defibrillation annually.

Duration

4-6 Hours (dependant on skill level)

Pre-requisite

Participant must be over 18 years of age or have written parental/guardian consent to attend.
Minimum 10 participants



Course in Automatic External Defibrillation

(in conjunction with other courses e.g.CPR/ Basic Emergency Life Support / Applying First Aid)

Pre-requisite

Enrolled in CPR Training Course, or current Cardio Pulmonary Resuscitation Statement of Attainment
Minimum 10 participants

Recommended Renewal Date

We recommend you update your knowledge in cardio pulmonary resuscitation and external automatic defibrillation annually.

Provide Basic Emergency Life Support (Level 1 First Aid Course)

Course Outcome

To provide participants with the skills and knowledge required to recognize and respond to life threatening emergencies using basic life support measures.

Recommended Renewal Date

Attend a Basic Emergency Life Support Course every 3 years. We recommend you update your knowledge in cardio pulmonary resuscitation annually.

Duration

8 Hours

Pre-requisite

Participant must be over 18 years of age or have written parental/guardian consent to attend.
Minimum 10 participants

Course in Applying First Aid (Level 2 First Aid Course)

Course Outcome

To provide participants with the skills and knowledge required to provide first aid response, basic life support and management of the casualty, the incident and other first aid providers, until medical or other assistance arrive.

Recommended Renewal Date

Attend an apply first aid course every 3 years. We recommend you update your knowledge in cardio pulmonary resuscitation annually.

This course is available as either fully instructed or partially instructed with the completion of a participants workbook. The workbook option is ideal for those with limited time.

Duration

16 Hours fully instructed or 8 hours if undertaken as a workbook course

Pre-requisite

Participant must be over 18 years of age or have written parental/guardian consent to attend.
Minimum 10 participants



Refresher Course in Applying First Aid (Level 2 Refresher First Aid Course)

Course Outcome

To provide participants with the skills and knowledge required to provide first aid response, basic life support and management of the casualty, the incident and other first aid providers, until medical or other assistance arrive.

Recommended Renewal Date

Attend an apply first aid course every 3 years. We recommend you update your knowledge in cardio pulmonary resuscitation annually.

This course is available as either fully instructed or partially instructed with the completion of a participants workbook. The workbook option is ideal for those with limited time.

Duration

8 hours

Pre-requisite

Participant must be over 18 years of age or have written parental/guardian consent to attend.

Minimum 10 participants

Course in Advanced Resuscitation Techniques

Course Outcome

To provide participants with the skills and knowledge of advanced resuscitation techniques. This course builds on the Applying First Aid Course and includes additional resuscitation skills and use of a range of resuscitation equipment including oxygen.

Recommended Renewal Date

We recommend you update your knowledge in advanced resuscitation skills annually.

Duration

10 hours

Pre-requisite

Current Applying First Aid Statement of Attainment, or Senior First Aid Statement of Attainment.

Participant must be over 18 years of age or have written parental/guardian consent to attend.

Minimum 10 participants